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South Woodham Ferrers



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FANTASTIC PRIZES

TO BE WON ON P.14

Well done to Ollie Ridgwell winning the Kidz Photo competition last month.




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Issue 10

FREE



WOODHAM FISH BAR

LUNCH-DEAL

Available from 11.30 to 1.30pm

AFTER SCHOOL

Available from 15.00 to 16.00

FISH

Cod	Medium £9.50 Large £11.00
Cod Bite (3pcs)	£7.50
Rock	£9.90
Haddock	£9.90
Skate	£13.00
Legend Box (Cod)	£15.00
Legend Box (Haddock)	£15.00
Legend Box (Rock)	£15.00
Scampi	£8.00
Fish Cake	£3.00
Calamari (3pcs)	£5.00
Cod Roe	£3.50
Chips	Medium £3.50 Large £4.50
Peri Chips	Medium £4.00 Large £5.00
Chips Roll	£4.50

HOT WINGS

4 Pcs Hot Wings	£4.00
6 Pcs Hot Wings	£5.50
10 Pcs Hot Wings	£8.50
Make it Meal (Chips & Drink)	£3.90

CHICKEN STRIPS

4 Pcs Chicken Strips	£5.00
8 Pcs Chicken Strips	£9.00
12 Pcs Chicken Strips	£14.00
Make it Meal (Chips & Drink)	£3.90

NUGGET CHUNKS

6 Pcs Nugget Chunks	£6.00
12 Pcs Nugget Chunks	£10.00
Make it Meal (Chips & Drink)	£3.90

POPCORN CHICKEN

10 Pcs Popcorn Chicken	£5.00
20 Pcs Popcorn Chicken	£8.00
Make it Meal (Chips & Drink)	£3.90

SAUSAGE

Sausage	£2.80
Battered Sausage	£2.80
Saveloy	£2.80

PIES

Chicken & Mushroom	£4.00
Stake & Kidney	£4.00
Minced Beef & Onion	£4.00
Spring Roll	£2.90

BURGERS

1/4 Pounder Burger	£6.00	£6.50
1/2 Pounder Burger	£9.00	£9.50
Chicken Fillet Burger	£6.50	£7.00
Woodham Stacker	£9.90	
The Flamer	£6.50	£7.00
Halloumi Burger	£6.00	
Veggie Burger	£6.00	£6.50
Add Halloumi		£2.00
Add Fried Onion		£0.50
Add Mushroom		£0.50
Add Pineapple		£0.50
Make it Meal (Chips & Drink)		£3.90

FRIED CHICKEN

1 Pcs Fried Chicken	£2.00
2 Pcs Fried Chicken	£3.50
3 Pcs Fried Chicken	£5.00
4 Pcs Fried Chicken	£6.50
5 Pcs Fried Chicken	£8.00
Make it Meal (Chips & Drink)	£3.90

Medium Cod & Chips £9.90

1/4lb Cheese Burger & Chips £8.00

Chicken Fillet Burger & Chips £8.50

5pcs Cod Bites & Chips £9.00

2pcs Chicken & Chips £5.00

Any Sausage & Chips £5.00

1pc Chicken & Chips £4.00

3pcs Nugget Chunks & Chips £4.00

3pcs Chicken Strips & Chips £4.00

3pcs Hot Wings & Chips £4.00

1 Kid Burger & Chips £4.00

Any Sausage & Chips £5.00

FAMILY SHARING

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4pcs of Chicken, 4 Wings, 1 Chips, 2 Pot of Sauces
Bottle of Drink
£15.00

Sharing #2
8pcs of Chicken, 6 Wings, 2 Chips, 2 Pot of Sauces
Bottle of Drink
£19.00

Sharing #3
10pcs of Chicken, 6 Wings, 2 Chips, 3 Pot of Sauce,
Bottle of Drink
£23.00

Sharing #4
12pcs of Chicken, Popcorn Chicken, 8 Wings, 3 Chips, 3 pot of Sauces,
Bottle of Drink
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- Hawaiian - Ham & pineapple
- Farmhouse - Ham & mushroom
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- Hot & Spicy - Beef, jalapeno, onion, & pepper
- Tandoori Hot - Tandoori chicken, onion, green pepper & jalapenos
- Vegetarian Hot - Mushroom, jalapeno onion & fresh tomato
- After Burner - Pepperoni, spicy beef, green peppers & jalapenos
- Vegetarian - Mushroom, sweetcorn onion & green peppers
- Doner Pizza - Doner meat, onion & mushroom
- Free Choice - Any 4 toppings of your choice
- BBC Original - Chicken, special bbq sauce onion & green peppers
- Kentucky BBQ - Chicken, sausage, onion, sweetcorn, & BBQ Sauce
- Chicken Supreme - Chicken, mushroom, sweetcorn, onion & green peppers
- Seafood - Anchovies, tuna & prawn
- Meat Feast - Ham, beef, chicken, & pepperoni
- Oriental Chicken - Chicken, ham, sweetcorn, mushroom & pineapple
- Double Doner - Double lamb doner & double cheese
- Essex Fat Boy - Ham, double pepperoni, spicy beef, pineapple chicken & double cheese
- Essex Fat Girl - Ham, double pepperoni, spicy beef, double cheese chicken & mushroom
- Woodham Pizza - Ham, Mushrooms Ham, pepperoni, beef, chicken, onion, mushroom & green peppers

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MEAT		
Ham, Pepperoni, Beef, Chicken, Spicy Chicken, Tandoori Chicken, Sausage, Doner Meat		
SEAFOOD		
Anchovies, Tuna, Prawns		

Garlic Bread

	10" MEDIUM	12" LARGE
1. Garlic Bread	£7.00	£8.00
2. Garlic Bread with Cheese	£8.00	£10.00
3. Garlic Bread with Cheese & Mushroom	£9.00	£11.00

KEBABS

ADD HALLOUMI OR ANY KEBAB FOR £3.50

ALL OUR KEBABS served in pitta bread with salad & choice of sauces.

KEBAB TOPPINGS:
Lettuce
Onion
tomato
red cabbage
pickles
peppers
garlic sauce
chilli sauce

Add: Grilled Vegetables 3.50

Add: Grilled Halloumi to any Kebabs 3.50

Add Cheese: 1.00

ADD TOPPING: MED £10.00 | LRG £11.00

ADD MEAT & VEGETABLES: MED £11.00 | LRG £12.00

ADD DONER MEAT: MED £8.50 | LRG £9.50

LAMB DONER

Mince lamb compressed on a upright skewer, carved in slices served in pitta bread

MED £9.50 | LRG £10.50 | XLRG £16.00

CHICKEN SHISH

Marinated, delicious chicken cubes on skewer served in pitta bread

MED £11.00 | LRG £16.00

LAMB SHISH

Marinated, cubed lamb pieces on skewer served in pitta bread

MED £10.00 | LRG £14.00

KOFTE KEBAB

Minced lamb with touch of light spices served in pitta bread

MED £14.50 | LRG £18.00

SPECIAL LAMB SHISH

Cubes of lamb with mushroom, onion, green peppers cooked on a charcoal grill served with pitta bread, salad & sauce of your choice

MED £13.00 | LRG £16.00

SPECIAL CHICKEN SHISH

Marinated cubes of chicken with mushroom, onion, green peppers cooked on charcoal grill

MED £13.00 | LRG £16.00

MIXED KEBAB

Lamb doner, chicken shish, lamb shish served with pitta bread, salad and sauce of your choice

MED £16.00 | LRG £16.00

CHEF'S SPECIAL

Chicken shish, lamb shish, kofte kebab served with pitta bread, salad and sauce of your choice

MED £16.00 | LRG £16.00

WOODHAM SPECIAL

Lamb doner, chicken shish, lamb shish, kofte, served with 2 pitta bread, salad & sauce of your choice

MED £23.00 | LRG £23.00

VEGGIE KEBAB

Veggie kebab with mushroom, onion, green peppers cooked on charcoal grill, served with pitta bread, salad & sauce of your choice

MED £8.00 | LRG £8.00

HALLOUMI KEBAB

Served with salad and sauce

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Kofte Kebab Wrap	10.00
Salad Wrap	4.00
Chips Wrap	4.50
Chips Wrap with cheese	5.50
Halloumi Wrap	8.00
Served with salad and sauce	

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Chicken Shish & Kofte Kebab	14.00
Chicken Shish & Lamb Doner	14.00
Lamb Doner & Lamb Shish	14.00
Lamb Doner & Kofte Kebab	14.00
Lamb Shish & Kofte Kebab	14.00

KEBAB MEAL 1

1 Medium Doner, Chips & Drink

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SNACKS WRAP

Chicken Wrap with Lettuce & Mayo

WRAP £6.00 | MEAL £9.50

KEBAB MEAL 2

1 Large Doner Kebab, Chips & Drink

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KEBAB MEAL 3

Med Doner Meat, Chips & Drink

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To view the full menu
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Welcome

We had some great prizes last month, and all winners have been notified. A big shout-out to Chillies and the Eatery for donating the prizes.

We have even more competitions this month! To enter, simply scan the QR Code on p.14, visit our website, or head to our Facebook page.

This month's competitions are proudly supported by Glen Ashley.

What's new

We have an updated list of book recommendations for all ages from Hazel Murrell, and congratulations to Hazel on opening The Book Nut shop in South Woodham Ferrers. Wishing her well with her new venture.

We also have an interview with Adam Carr, a paramedic with the critical care team with Essex & Herts Air Ambulance.

Finally, we are celebrating our 1st anniversary next month and have lots to shout about, see page 14.

Advertising

Please contact us by email, message, or phone.

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March Competition Winners

Read more: ourtownswf.co.uk/march-competition-winners/

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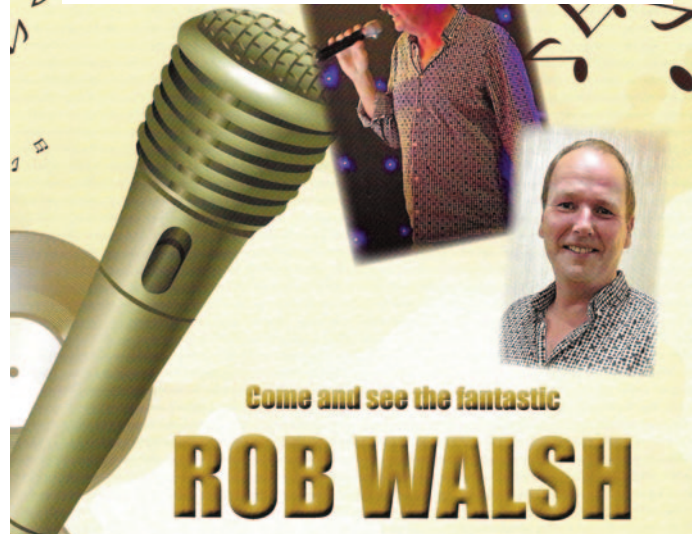
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Would you know how to help? Meet Adam Carr a paramedic who is part of the Critical Care Team



Paramedic Adam Carr

As a Paramedic, how do you stay calm and focused in high-pressure emergency situations?

The moment you put on the uniform, you feel the immense trust the public place in you and that's incredibly powerful. As a paramedic, you witness some of the most difficult moments in people's lives, but you also see the very best of humanity. You meet individuals who have stepped in to perform CPR on a stranger, saving a life, and you're there to support families when outcomes

aren't what we hope for. Even in those toughest moments, being able to provide care, compassion, and reassurance is rewarding in a profoundly different way.

I truly love every aspect of my job. From flying over and landing in incredible locations to working alongside such a dedicated team, it's something I feel genuinely privileged to be part of. Delivering hospital-level critical care at the roadside or in someone's home, giving every patient the very best possible chance, is something I'm deeply passionate about.

When you go out on a call in a helicopter what does the emergency team crew consist of and is a helicopter pilot ever involved or CPR trained?

Our highly skilled crews consist of a pilot, a co-pilot, a pre-hospital care doctor and a critical care paramedic, enabling life-saving procedures to start at the earliest opportunity. Although all members of the crew have very specific skills essentially, we are a team, the pilots will always assist where they can and if they are needed. They have basic CPR training but their help tends to be more logistical, like setting up kit, fetching equipment from the aircraft and assisting with family members or the public.

How can the general public be helpful to you at the scene of an accident before you can get there?

The first link in the chain of survival is about recognising someone needs medical assistance and calling 999 as early as possible. Once you have done this the amazing 999 call handler will talk you through what to do if you do not know. However, if you do know how to recognise someone is in Cardiac arrest and know how to perform CPR then please don't wait to be told to start chest compressions, get on the chest as quickly as you can as every second really does count. If someone is with you send them off to get the closest



public access AED (Defibrillator), if you don't know where that is then the 999 call handler will instruct you. For other incidents if you were a witness to what happened, just being able to provide as much information to the emergency services when they arrive on scene could be helpful.

What essential equipment do you carry onboard a helicopter, is it comparable to a road ambulance?

The Essex and Herts Air Ambulance crew are a Critical Care Team and so need to carry medical equipment to allow us to deliver hospital level care in the pre-hospital setting. We carry extended diagnostic equipment such as portable ultrasound units to allow us to look at heart function and to gain arterial access, pupilometers to accurately compare pupil response in patients suffering head injury, syringe drivers to infuse various drugs over a specific time, the list goes on.

We introduced blood on board in 2019. On average, our critical care team treats approximately 60 patients in desperate need of a blood transfusion at the scene of an incident every year. By carrying bags of O-negative red blood cells, blood plasma, blood warmer and specialist coolboxes in the helicopters and rapid response vehicles (RRVs) our team provide extra care to patients suffering significant blood loss.

So how long does it take to scramble a helicopter crew when an emergency comes in?

We are activated by the East of England Ambulance Service NHS Trust (EEAST), which covers Essex, Hertfordshire, Bedfordshire, Suffolk, Cambridgeshire and Norfolk.

999 calls come in from across the region and are answered and triaged by call takers. At the same time, they get assessed by a critical care paramedic and a dedicated dispatcher working together on the critical care desk based in the EEAST emergency operation centre in Chelmsford. They are looking for any call that a pre-hospital critical care team can make a difference to.

From the time our activation phone alarms to being in the air is around 5 minutes. Our helicopter based at Earls Colne can reach the farthest point in Essex in less than 20 minutes, and the one based at North Weald can reach the farthest point in Hertfordshire in less than 15 minutes.

Once a patient is stabilised, the critical care team will triage patients to the most appropriate hospital if they

to save someones life?

Critical Care Team at Essex & Herts Air Ambulance

require specialist care. This may save vital minutes between the onset of illness or the time of an accident to the patient receiving specialist medical care in hospital.

Is a paramedic as qualified as a pre-hospital care doctor, what can a paramedic do that a Doctor can?

A Pre-Hospital Critical Care Team is highly effective because it combines the complementary skills of an experienced paramedic and a doctor. While their roles, training, and backgrounds differ significantly, each is vital to the team's success. The critical care paramedic possesses an advanced skill set beyond that of a standard paramedic, along with extensive experience operating in pre-hospital environments. They are accustomed to managing incidents involving multiple agencies and working in challenging conditions, often with limited resources. The doctor contributes additional clinical expertise, including anaesthetic knowledge and surgical skills. Together, this combination creates a highly capable and well-rounded team

If a member of public is the only person at the scene of an accident and the victim is not breathing, is it more dangerous to try CPR than not, if you have never been trained?

It is always worth attempting CPR. We go to all too many scenes where no one has felt able to intervene and it's simply too late, which is devastating. Early CPR can make the difference between life and death. Each year, around 40,000 out-of-hospital cardiac arrests occur in the UK, with survival rates below 10%. Every minute without CPR reduces the chance of survival by 10% making early intervention critical.

In a recent article, research suggested women are 27% less likely to have CPR done on them, why do you think that is?

I think people worry about having to touch or expose a woman's chest. They don't want to get in trouble for taking off someone's top. To place the pads of a defibrillator correctly you need to expose the chest and remove a bra – and that's okay. In an emergency, proper pad placement saves lives, and hesitation can cost them. The reality is that doing CPR may mean the difference between life and death. I've never come across a patient who wasn't grateful they were given CPR.

I think a lot of people would find CPR quite daunting and probably requires a calm level head in an emergency situation, is it something that anyone can be trained to do?

Yes – absolutely. Everyone should feel confident to deliver CPR and it's so important that people feel they can give it a go. Training can help – and I'd certainly encourage everyone to do that if they can but we've



also put some simple videos together that break it down and make it really simple: <https://ehaat.org/life-saving-first-aid/>

Is there any situations where CPR would not be recommended by a member of the public?

No unless the location of the patient puts their safety at risk. Those first few minutes before the emergency response teams arrive are vital – it's important to just get on the chest. It can make the difference between life and death.

When to do CPR and when to use defibrillator?

Do CPR if you're on your own as you shouldn't stop chest compressions to get the defibrillator. If there's a second person on scene, ask them to get the defibrillator while you carry on with CPR then keep going until you're ready to use it.

What sort of injuries to the victim can occur through CPR?

I really wouldn't want people to worry about that – it's far more important to do what you can to help someone have the best chance of life. Bystander CPR can be what keeps someone alive until the emergency responses teams arrive. Please remember if any injuries such as broken ribs do occur, they can be fixed, what can't be fixed is potential damage to the brain caused by no circulating blood feeding it with oxygen.

What advice would you give to anyone who would like to learn to do CPR and how to go about it.

Start with the videos we created online – they give a really good step by step guide: <https://ehaat.org/life-saving-first-aid/>

Is CPR practised in schools?

If we can embed CPR skills early, we can arm future generations with the ability to be potential lifesavers. While learning CPR is part of the secondary school curriculum, schools often lack the resources – and knowledge – to deliver this effectively.



CPR Training

Our CPR Smart™ programme offers

free CPR and defibrillator training to schools across Essex and Hertfordshire, with sessions delivered by our CPR Smart clinical team.

The programme is tailored to suit different age groups and educational settings. In primary schools, we train staff not only in CPR and AED use, but also in how to confidently pass these skills on to their pupils. Once trained, they become Essex & Herts Air Ambulance CPR Champions, empowering their schools to become fully CPR Smart. In secondary schools and colleges, we take a slightly different approach by training sixth form students to become CPR Smart Champions. These students then go on to teach their peers, helping to create a ripple effect of life-saving knowledge throughout their school communities.

Essex & Herts Air Ambulance has already trained over 400 Champions across over 50 schools, building skills in hundreds more pupils.

Over the last few years what would you say the most frequent accident emergency is that you get called out for, i.e knife crime, car accidents, etc.

In 2025 Essex & Herts Air Ambulance teams were dispatched on 2,491 missions and on average we attend 1,900 patients a year. In 2024/25, we went to 498 road traffic collisions, 1,036 medical emergencies, 357 accidental injuries, and 481 other trauma incidents. We assisted in 571 cardiac arrests and 427 of those patients received bystander CPR which is brilliant.

Like many UK air ambulance services, we are a charity that receives no direct government funding, yet it costs around £1 million every month to keep the service running. We rely on the incredible generosity of the people and businesses that we serve across Essex and Hertfordshire. It's rare to meet someone locally who hasn't been affected in some way, or doesn't know someone who has, by the care provided by the Essex & Herts Air Ambulance team. That's why continued support is so vital. It allows us to be there for people on the worst days of their lives, to support them beyond the initial incident, and to keep evolving - enhancing our skills, equipment, and capabilities so we can deliver the very best care for the patients of today and tomorrow.



Essex & Herts Air Ambulance

Your local life-saving charity

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April Round Up by Hazel Murrell

I am currently standing here, behind the counter in The Book Nut, South Woodham Ferrer's Independent Bookshop, watching the sun streaming in the window arches and shining upon the general contemporary fiction. The shelves are full of eye-catching, colourful covers and the titles inviting me to explore the stories at greater depth. I am struck by how lucky we are to have such a wide and varied range of books currently being published, catering for all tastes and opinions.

I provide a weekly update of the top 5 books released that week for the Our Town website, and now is an opportunity to review the past month's publications to highlight some of the wonderful books there are.

In Children's books we have a lovely new picture book, **Little Fairy Godmother** by Abi Longstaff (97807112963740). This is an adorable back story for Cinderella's Fairy Godmother, did you know that her name is Dazzle? With her only talents being making balloons, party horns and sparkly surprises, the other fairies don't believe she has anything useful to offer to become a Fairy Godparent. However when Cinderella needs some help getting ready for a party, Dazzle is exactly what she needs. A perfect accompaniment to the popular fairy tale.

Moving to young adults, we have the third book in the phenomenal series, 'They Both Die at the End', **The Survivor Wants to Die at the End** by Adam Silvera (9781398512467) a story of two strangers with their own complicated relationship with Death-Cast, help each other learn to live. A fantasy/dystopian series set in a world where people can find out their death date by from a single phone call and the importance of making each and every day count. These books have been particularly popular for teen readers, with romance running through the story lines, and the latest in the series is sure to please fans.

In Adult books there is a new Science Fiction book, **Outlaw Planet** by M R Carey (9780356528069). Sometimes the fate of entire worlds can be decided by a woman with nothing to lose, and the smartest gun in the universe in her hand. Winner of the Philip K. Dick Award, Outlaw Planet is a Space Opera full of vengeance and redemption amid an inter-dimensional conflict. A story of Bess who turned from teacher, to renegade, to hero. She is haunted by her past as truths are uncovered, but vengeance ultimately comes with a price.

Another fascinating book in adult fiction is **Helm** by Sarah Hall (9780571383580). The mysterious and ferocious wind from folklore, Helm, and the history it has shaped. From the Neolithic tribe who tried to placate it, to the Dark Age wizard priest who wanted to banish it, to the Victorian Steam engineer who attempted to capture it and the farmer's daughter who fell in love. Now, Dr Sutar fears the end is nigh. Sarah Hall has captured a story of an elemental life force, exploring the relationship between us and nature, who rely on each other to exist.

Non-fiction has had some interesting new releases. **Peach Street to Lobster Lane: Coast to Coast in search of real American Cuisine** by Felicity Cloak (9780008687687). Determined to prove that there is more to American food than burgers and doughnuts, Felicity Cloake embarks on the ultimate coast-to-coast adventure during an unforgettable election year. Exploring the menus and flavours of the different states, from Memphis barbecue to Mission Burritos, Italian beef to Tex-Mex Gyoza and Crawfish Stew to Sauerkraut balls, she embraces these iconic dishes and the stories behind them, finding a nation that is welcoming, generous and

food that is full of heart.



And finally, **A Sound So Very Loud** by Ted Kessler and Hamish MacBain (9781035078295)

A must for fans of Oasis, this is a definitive book of their music. A tribute to the creative talent, full of unknown details and anarchic anecdotes that only Oasis could generate. Written by music journalists who have been involved with the Gallagher brothers since 1994. Revealing the tales behind their biggest hits, such as 'Wonderwall' and 'Champagne Supernova' as well as favourites such as 'Half the World Away'. This book brings their music to life.

These are just some of the wonderful books that have recently been published. Take a look at the Our Town Website to find out about more, or pop into The Book Nut where we are regularly taking deliveries of newly published books. *Until next time, happy reading!*

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What's happened to SWF's mobile breast screening unit

Lou Nolan Harrington recently stirred up a hornet's nest by writing on Facebook: "I am not sure whether this is the correct starting point to communicate a severe issue regarding the refusal by multiple sites in South Woodham Ferrers for a breast screening unit to be placed onsite." The comments can be found here. Assuming this is correct (and her accusation is supported by the prolonged absence of the mobile breast screening unit from SWF - a unit which was very popular with those with mobile breasts as well as all those who are eligible for free screening 'on the NHS') then this is scandalous. When the NHS decided to close down all the medical facilities within the town and replace them with a facility on the northern perimeter, patients were assured that "services will remain the same".

GOING BACK IN TIME ...there were lots of very long and very tedious meetings to discuss the plans for the Crouch Vale Medical Centre which the town's GPs had to squeeze in between their clinical commitments. We were allowed to make suggestions ... most of which were ignored. In particular the suggestion that the building should be large enough to 'future proof' it (bearing in mind the near certainty that there would be considerable development in and around SWF) was quietly forgotten. The oft repeated stipulation that

there MUST be a suitable bay (with the requisite 'plumbing') for the breast screening unit - a bay which could double as a site for the widely used mobile MRI and CT scanners and would allow diagnoses to be made without the need for patients to travel long distances - was also ignored.



Mobile Breast Screening Unit

So ... despite frequent prompting to set up a bay for the breast screening unit to replace the one that was part and parcel of the Health Clinic, this failed to materialise. I had a patient involved in running a firm which rented out CT & MRI trucks and trailers so we knew it could be done at reasonable cost - all that was needed was the gumption to push it through.

WINDING FORWARD TO THE PRESENT SITUATION ...

the usual response in this sort of situation is lots of angry comments from those adversely affected ... and then nothing happens. To make sure this problem is sorted out those who feel strongly about this need to start firing off letters and emails. The Mid and South Essex Integrated Care System is responsible for the mobile units and that might be a good starting point -



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notwithstanding that this was a problem it inherited. The complaints email address is mseicb.complaints@nhs.net. It's also worth contacting Sir John Whittingdale - including your full address. I think he prefers to be contacted at House of Commons, London, SW1A 0AA rather than at his constituency office. His email address is john.whittingdale.mp@parliament.uk. He's tied up with Peter Mandelson at present (in the 'Foreign Affairs Select Committee' meaning of the term) but I'm sure he will get on the case as soon as he's free.

As for the practicalities, a site for a bay will obviously need to be found but, over and above that, it will need a water supply, suitable drainage and a 'tailor made' electricity supply ... you can't just plug it into a 13 amp socket. As many of you will recall all the necessary plumbing etc were available at the Town Centre Health Clinic - as well as adequate parking. To get an idea of what is involved take a look at a rough and ready short video I made while the unit was in the Health Centre car park - the link is: <https://youtu.be/LAKJQfkGPGc?si=hGfpNQnAF4LGr3s>

The staff used to be able to use the Health Clinic loo - so that problem will also need to be addressed.

Incidentally, the town centre Health Centre was sold off for a pittance without a public consultation after the wishes of the residents (as demonstrated by a survey) were ignored. The results of the survey (carried out long before the decision to sell off the SWF Health Clinic had been announced) can be found at <https://www.woodhamhealthcare.co.uk/>

That's water under the bridge. The bottom line now is keep up the momentum - writing and phoning until the situation is dealt with. To paraphrase a saying that's usually misattributed to Edmund Burke "The only thing necessary for the triumph of those who are not very good at doing their job and regard SWF as a low priority is for all good men and women to do nothing"

Dr John Cormack



If you have any views on Dr John Cormack's article, then send it to me and we can put it in for discussion or any other topic you would like to raise.

email: wendy@ourtownmagazine.co.uk

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